

There are different types of violence:

Verbal violence

Addressing another person with offensive and brutal language, such as the use of insults, threats degrading or humiliating words and expressions, etc.

Psychological violence

Imposing one's will or personal control, provoking states of tension and psychological suffering in any way and by any means, by verbal threat or in any other way, blackmail, demonstrative violence against objects and animals, display of weapons, negligence, control of personal life, acts of jealousy, coercion of any kind, illegal pursuit, surveillance of the victim's home, workplace or other places frequented by the victim, etc.

Physical violence

Attacks on physical integrity or health by hitting, shoving, hair-pulling, restraint, cutting, burning, strangulation, biting, in any form and with any intensity, including in disguised form following an accident, by poisoning, intoxication, as well as other actions having a similar effect, etc.

Sexual violence

Sexual assault, imposition of degrading acts, harassment, intimidation, manipulation, violent sexual coercion, marital rape, pornography, prostitution, etc.

Economic violence

Prohibition to carry out a professional activity, deprivation of economic means, including the lack of primary means of subsistence, such as food, medicine, basic necessities, the act of intentional theft of a person's property, the prohibition of the right to own, use and dispose of common property, etc.

Administrative violence

Confiscation of identity documents, restriction of access to administrative rights, etc.

Social violence

Imposing isolation from family, community or friends, prohibiting attendance at school or the workplace, prohibiting or limiting professional success, imposing isolation, including in the common home, etc.

Spiritual violence

Underestimating or diminishing the importance of satisfying moral-spiritual needs by prohibiting, limiting, ridiculing, penalising aspirations and access to cultural, ethnic, linguistic or religious values; or, conversely, imposing adherence to spiritual and religious beliefs and practices.

Cyber-violence

Phone confiscation, insulting text messages, installation of spyware, spreading rumours, etc.